



JtH
JOURNEY TO HOPE
A Unique
"Year in Review"

2020

March 16-19

Monday, March 16th we decided to stop all in-person programs. By Thursday, March 19th, we had switched to offering our groups on Zoom. That morning we had the first-in-the-region Virtual Job Search Support Group and were the only job search support available for several weeks.

WVXU ran a story about the group, which was also picked up by Columbus, OH's NPR station.

To see & hear this story, visit:
<http://bit.ly/WVXU-JtH>

May 2020

March 25 - May 13

We created a new group in response to the isolation that everyone was feeling during the midst of the tightest lockdowns: **Cabin Fever!** Members came every week to check-in, connect, and support one another.

I always felt very welcomed and very safe—I felt like others would treat what I said with respect, and would not ridicule me or repeat anything I had shared.

I enjoyed that group so much that I decided to continue with the Daring Way/Courage & Resiliency group that came up later in the spring.

I really enjoyed discussing new ideas with that group, too.

Overall, it was an extremely healthy, comfortable, nurturing environment, in both of the JtH groups.
 ~Nancy S.

A committee developed a re-opening plan that would allow us to offer groups in a blended style. We can accommodate 5 people in our meeting room, but with the addition of ten tablets we could welcome those without the technology to be on our campus and/or in their cars while using our tablets and wifi.

We received a PPP Loan on May 5th.

We also offered a Courage & Resiliency group, which combined both The Daring Way & Rising Strong curricula into one 7-week group to provide resiliency tools to more people.

June 2020

New Board Member, Dale Elliott, brought a grant opportunity to the Board: ARG1 Gives. We applied for and received funding for a part of our request: the purchase of 10 tablets.

An anonymous donor provided significant funding that was necessary to re-open for blended groups!

July - September 2020

Who can forget the Shoe Drive?! It sounded simple enough: collect 1,000 pairs of new and gently used shoes, which we would sell to Shoes2Orgs, and which they would use to establish micro-entrepreneurs in 3rd world countries. WE DID IT!

On Labor Day Weekend we had 3 networks show up to interview us and video our drive-thru drop-off. Diane also had an on-air interview with Fox19.

To see & hear the story, visit:
<http://bit.ly/JtHShoes>

August 2020

"Not so fast, Nellie!"

In August we discovered that we needed upgrades to our HVAC in the meeting room [it had no fresh air intake] and HEPA filtration.

Northminster graciously took care of the HVAC upgrade and an anonymous donor covered the cost of the HEPA filtration unit.

October - December

Journey to Hope received its' first-ever stock donation in excess of \$10,000. On November 18th our PPP Loan was forgiven!

On Nov. 17th we started a new group: **Practicing Gratitude & Joy** that ran through Epiphany.

The goal was to provide tools and a place to create connection through all of the holidays that would be different in 2020.

The group has continued to meet on its' own as of this writing in early March!

2019

A Snapshot of Your Impact

2020



279 people filled 665 seats; [31% participated in more than one group]



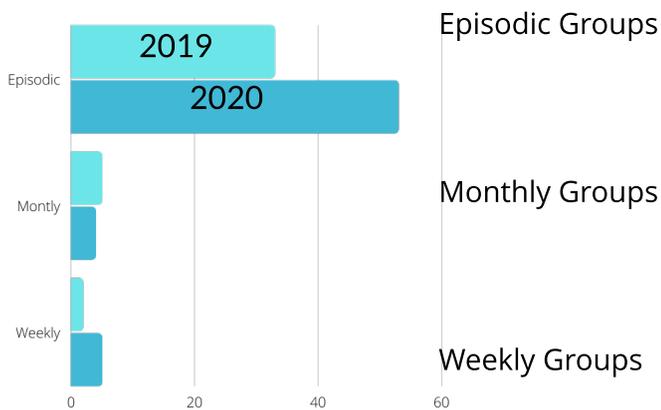
Age Range: 19 to 89



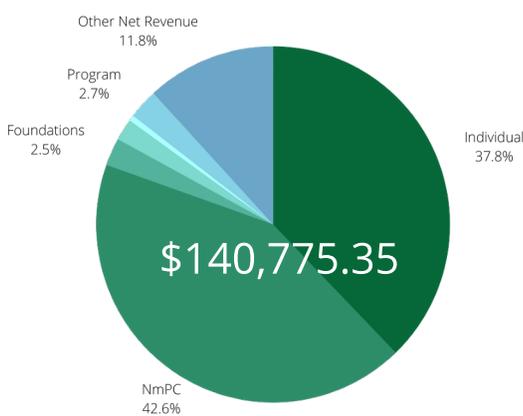
207 people filled 431 seats; [34% participated in more than one group]



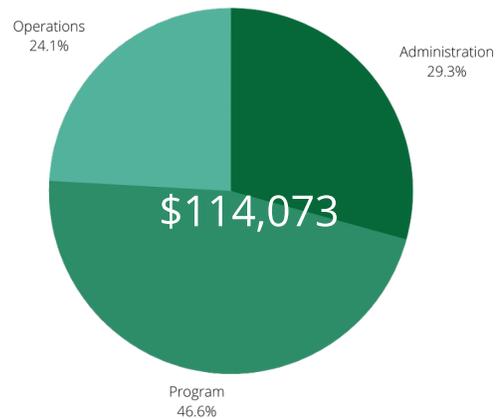
Age Range: 22 to 87



Sources of Revenue 2020



Expenses 2020



Gratitude from Our Executive Director

I hope that by reading this annual report that you have a sense of what an extraordinary year it was for Journey to Hope!

I am eternally grateful for you, our investors and partners, and your continuing support in what was clearly a challenging year for all of us.

I am also extremely grateful for a board of directors that was willing to change course with me when we needed to find new ways of fulfilling our mission.

Other things for which I am grateful are:

- ▶ Zoom technology and the ability to create a sacred space for deep sharing and connection among group members.
- ▶ Groups that have continued beyond our leadership because people have found connection and support with one another.
- ▶ Our financial partners! The full list is on our website: www.jtohope.org

As we settle into 2021, look for:

- ▶ Continued groups on Zoom
- ▶ Blended groups [in person & on Zoom]
- ▶ New Programs

Thank you, in advance, for your continued partnership and prayers! We could not have achieved an economic impact of \$482,720 without your support.

Blessings, Diane Kinsella

Gratitude from Our Group Members:

Journey to Hope has lead me on a journey to LIFE! I attended the Weighty Matters group. We learned a wholistic approach to weight loss and wellness. The content was practical and taught by someone who had 'walked the walk' and knew what it was like to face a long road to health, and persevered. This started me on a path of learning how to choose better health which will help me control diabetes and avoid complications in the future. This past year has been one of freedom and growth. I'm grateful to Journey to Hope for providing a means to release these "bonds" and bring a brighter 2021 as I look ahead. ~Cathy C.

Journey to Hope has had a positive impact on my life over the years. However, the most beneficial group I was a part of was their Courage and Resiliency group. Before taking a part in that group I had difficulty establishing my values, showing vulnerability, and owning who I am as an individual. Although I am not where I want to be, I believe that group helped me grow in those areas. Also, the Courage and Resiliency group gave me a sense of community which I desperately needed. I highly recommend supporting Journey to Hope because they are an organization comprised of people who care about the well-being of others.~ Harrison K.